

SOUTH SEATTLE CLUSTER PARISHES 2023 LENT & HOLY WEEK SCHEDULE

WHOLE FAMILY FAITH FORMATION-LENT

Families with children in K-6th grade are invited to join us on **Sunday, February 19 at 9am at St. Edward** for our Whole Family Faith Formation gathering. Come! Afterward, we will all attend a family Mass together at the 10:30 am. Please RSVP to Jennifer at jibach@stedwardparish.net

ASH WEDNESDAY February 22nd

Mass and distribution of ashes

St. Paul: 8:30 am & 7:00 pm

St. George: 8:30 am English
6:00 pm (Bilingual Vietnamese)

St. Edward: 10:30 am English
7:00 pm (Bilingual Spanish)

St. Peter: 10:30 am & 5:00 pm

STATIONS OF THE CROSS & LENTEN MEALS

Stations of the Cross will be offered once each Friday of Lent hosted by one of our parish cluster groups. It will rotate among the four parishes beginning with Stations of the Cross at 6:00 pm in the church followed by a meal in the parish center or hall. Please join your fellow parishioners at one or more of the events.

February 24 St. Peter (entire community)

March 3 St. Edward (Laotian community)

March 10 St. Paul (Knights of Columbus)

March 17 St. Edward (Filipino community)

March 24 St. George (Vietnamese community)

March 31 St. George (School families)

RECONCILIATION OPPORTUNITIES

March 14: 6:00 pm at St. Paul (no 6:00 pm Mass)

March 15: 7:00 pm at St Edward (no 6:00 pm Mass)

March 16: 7:00 pm at St. Peter

March 31: 6:00 pm at St. George

Confessions also available at the regular times in each parish

LENTEN SMALL GROUPS

“Around the Lenten Circle” There are a number of small faith sharing groups that will begin meeting the week of February 19th. Description under LENTEN OBSERVANCES Prayer

PALM SUNDAY OF THE LORD’S PASSION April 2nd

All Parishes: Regular weekend Masses —live-stream at 8:30 am

HOLY THURSDAY April 6th

St. Edward and St. Paul: Joint 7:00 pm Mass at St. Edward (Bilingual Spanish) livestreamed

St. George and St. Peter: Joint 7:00 pm Mass at St. George (Bilingual Vietnamese)

GOOD FRIDAY April 7th

8:30 am: Stations of the Cross at St. George with the school

10:30 am: Stations of the Cross at St. Peter

12:00 pm: Seven Last Words at St. Paul

3:00 pm: Stations of the Cross at St. Edward (Bilingual Spanish)

7:00 pm: St. Edward and St. Paul—Joint Service at St. Paul (Bilingual Spanish) livestreamed

7:00 pm: St. George and St. Peter—Joint Service at St. Peter (Bilingual Vietnamese)

EASTER VIGIL April 8th

St. Edward and St. Paul: Joint 8:30 pm Easter Vigil at St. Edward (Bilingual Spanish) livestreamed

St. George and St. Peter: Joint 8:30 pm Easter Vigil at St. George (Bilingual Vietnamese)

EASTER SUNDAY April 9th

St. Edward: 8:30 am & 10:30 am Masses

1:00 pm: Spanish Mass

St. Paul: 8:30 am & 10:30 am Masses

St. Peter: 8:30 am & 10:30 am Masses

St. George: 8:30 am Mass- Vietnamese

10:30 am Mass- English

Please note that the parish offices will close at noon on Good Friday, April 7th and reopen on Tuesday, April 11th

Join Us: Lent 2023 at the South Seattle Cluster Parishes

Dear Families

As Lent begins we have yet another opportunity to start all over again. Our God is a God of second chances. God is a God of third, fourth, and millionth chances! Let's make a fresh start of it! If you haven't been to church for a while because of COVID or other reasons, now is the time to come home. If you haven't gone to reconciliation for a while, now is the time to return. If you haven't been part of a small faith-sharing group before, there's no time like the present. If you haven't taken your children to the Stations of the Cross, this is the year to start. We have many opportunities to grow in our faith and Lent is the perfect time to start all over again. I pray that I see you in church in the coming months.

If I can help you return, let me know what I can do. I often tell the parents of the kids in First Communion that this is now the guilt-free church where you can return at anytime—no questions asked. See you soon!

Yours in Christ,

Fr. K. Scott Connolly, Pastor

Queridas familias

Ahora que comienza la Cuaresma, tenemos otra oportunidad para comenzar de nuevo. Nuestro Dios es un Dios de segundas oportunidades. ¡Dios es un Dios de tercera, cuarta y millonésima oportunidades! ¡Vamos a empezar de nuevo! Si no ha ido a la iglesia por un tiempo debido a COVID u otras razones, ahora es el momento de volver a casa. Si hace tiempo que no vas a la reconciliación, ahora es el momento de volver. Si no ha sido parte de un grupo de oración, no hay mejor momento que el presente. Si no has llevado a tus hijos al Vía Crucis, este es el año para empezar. Tenemos muchas oportunidades para crecer en nuestra fe y la Cuaresma es el momento perfecto para comenzar de nuevo. Rezo para verte en la iglesia en los próximos meses.

Si puedo ayudarlo a regresar, avíseme qué puedo hacer. A menudo les digo a los padres de los niños en Primera Comunión que esta es ahora la iglesia libre de culpa a la que pueden regresar en cualquier momento, sin hacer preguntas. ¡Nos vemos pronto!

Suyo en Cristo,

P. K. Scott Connolly, Párroco

Quý Ông Bà Anh Chị Em rất thân mến!

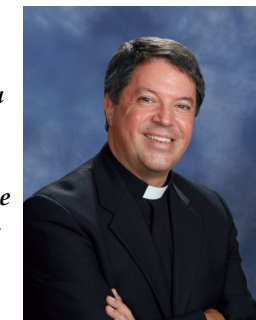
Khi mùa chay đang bắt đầu, giáo xứ chúng ta lại có một cơ hội nữa để làm lại từ đầu. Thiên Chúa chúng ta là Đấng luôn rộng lượng mong đợi để cho cơ hội chúng ta trở về, rồi lần thứ hai. Ngài tiếp tục cho cơ hội thứ ba, thứ tư, và hàng triệu cơ hội thế nữa! Hãy bắt đầu làm một điều mới! Nếu quý ông bà và anh chị em không thể đến nhà thờ tham dự Thánh Lễ bởi vì đại dịch Covid hoặc những lý do khác nào đó, ngay lúc này đây là thời điểm để chúng ta trở về nhà Chúa. Nếu trong thời gian qua quý ông bà anh chị em đã không đến hòa giải với Thiên Chúa, bây giờ là lúc để mọi người trở lại. Nếu quý ông bà anh chị em chưa từng tham gia vào một nhóm nhỏ trong giáo xứ để cùng chia sẻ đức tin trước đây, thì hiện tại là cơ hội hơn bao giờ hết để chúng ta cùng chia sẻ. Nếu gia đình quý anh chị em chưa bao giờ đưa các con em mình đến tham dự các chặng Đàng Thánh Giá, đây là năm để mỗi gia đình trong giáo xứ bắt đầu. Chúng ta có nhiều cơ hội để phát triển đức tin của chính mình và mỗi gia đình trong Mùa Chay này, đây thời điểm hoàn hảo để khởi sự lại từ đầu. Tôi mong rằng tôi sẽ được gặp ông bà và anh chị em trong nhà thờ vào những tháng tới.

Nếu tôi có thể giúp được gì cho ông bà anh chị em trở về nhà Chúa, xin hãy cho tôi biết những gì tôi có thể làm và giúp cho quý vị.

Tôi thường nói với quý bạn phụ huynh có các con em nhỏ trong Thánh Lễ Rước Lễ lần đầu (First Communion) rằng, nơi đây là nhà thờ của mọi giáo hữu hiện, là nơi thờ phụng để tâm hồn được thanh thản tránh xa mọi tội lỗi, nhà thờ luôn rộng mở đón nhận, để mọi giáo hữu có thể trở về bất cứ lúc nào. Tất nhiên là như thế. Hẹn gặp lại quý ông bà anh chị em rất sớm!

Trong Chúa Kitô,

Linh Mục Chánh Xứ Scott Connolly



THE YEAR AHEAD

We are so grateful that even in a pandemic, our parishes are active and full of prayer. In addition to joining us at the above extraordinary liturgies and Holy Days, below is some important information about other upcoming events. Be sure to contact the parish office to make sure you are receiving our email updates. Thank you!

- Join us at different outreach opportunities listed on page three!
- Families with children 5-12 are invited to participate in our Whole Family Faith Formation Events: Calendar [here](#)
- Enrollment is open for new students at St. George School and the St. Paul Early Learning Center! Learn more at <http://www.saintgeorgeseattle.org/> and <https://seattlestpaul.org/>
- Volunteer at upcoming events by emailing Jennifer Ibach, our Pastoral Associate, at jibach@stedwardparish.net

THE LENTEN SEASON

Lent is our 40-day journey of repentance, reflection, and renewal. The word Lent comes from an old English word meaning “spring” or a “new birth”. In the season of Lent, we are called to deepen our faith through prayer, fasting, and almsgiving as we journey with Jesus through his passion and death before rejoicing in his resurrection. Below is more information about the three spiritual pillars of Lent. If you would like to learn more, consider visiting the USCCB Lenten Resource Page at: <https://www.usccb.org/prayer-worship/liturgical-year/len>

Prayer: Prayer is the cornerstone of our Lenten journey as in prayer we are able to draw closer into relationship with God. How can you deepen your prayer life this Lent? The Stations of the Cross are one prayer practice offered this Lent as an opportunity for parishioners to direct our hearts and minds towards God. The Stations of the Cross, commemorate Jesus’s passion and death on the cross. There are 14 stations, each depicting a moment on Jesus’s journey to Calvary. On Fridays during Lent you can join us for Stations of the Cross, see the schedule on page four along with other opportunities to join our community in prayer. **Lenten Small Groups** Our parish cluster is offering a 6-week Lenten series called “Around the Lenten Circle”. The program includes prayer, sharing, and reflection on the Lenten readings, in a small faith-focused group. Each group is designed to be 60-90 minutes. There are a variety of groups, times, and locations including a young adult group, a St. George Moms’ group, and a Zoom group. All groups will start the week of February 19. This is a great way to meet others, build community, and intentionally grow in your faith during this reflective season. For more information, contact Jennifer at jibach@stedwardparish.net. Sign up on the way out of Mass or contact your parish office. The Archdiocese of Seattle website has weekly Lenten reflections as well as other resources. <https://archseattle.org/len/>

Fasting: Lenten Fasting may be the most well known pillar of the Lenten practice with the practice of “giving something up” for Lent. What does it mean to fast? When we fast, we are reminded of our hunger, our desire, to be in close relationship with God. In our faith tradition, on Ash Wednesday and Good Friday those individuals between 18 and 59 are to fast by having only one full meal and two smaller meals that together are not equal to a full meal. Additionally, those 14 and older are to abstain from meat on Ash Wednesday and Fridays during Lent. Many of us in Lent may also fast by giving something up. A traditional disciplined practice where we abstain from something throughout our Lenten journey. This year when you discern your fast, pray on how your fast makes room for God to act in your life in new ways.

Almsgiving: Almsgiving is the opportunity for us to live out in gratitude for all that God has given us by making room for others. We are called to respond to His love and mercy by seeing and responding to the needs of the world. You can learn about different ways you can practice almsgiving on the next page.

LEARN ABOUT ASH WEDNESDAY

Ash Wednesday marks the start of the Lenten season and this year is on Wednesday, February 22. On this day we receive ashes on our foreheads as a reminder of our sinfulness and need for penance. These ashes come from the palms that were burned from the previous year’s Palm Sunday and are typically mixed with holy water or oil. <https://hallow.com/blog/ash-wednesday/#importance>

LEARN ABOUT PALM SUNDAY

On Palm Sunday of the Lord’s Passion, we hear the story of the suffering and death of Jesus. It is the start of Holy Week and commemorates the triumphant entry of Jesus into Jerusalem leading to his passion and death. Learn more online at: <https://www.learnreligions.com/what-is-palm-sunday-700775>

LEARN ABOUT THE EASTER TRIDUUM

Holy Week is when we celebrate the Easter Triduum, the three most solemn days in the year in our faith. It begins with the evening Mass of the Lord’s Supper on Holy Thursday, reaches its high point in the Easter Vigil, and closes with Evening Prayer on Easter Sunday. Easter Triduum is one single celebration chronologically over three days. With Triduum, we celebrate the passion, death, and resurrection of Jesus. Learn more about Triduum by watching a video from Busted Halo: <https://bustedhalo.com/video/watch-holy-week-in-three-minutes>

HOW TO PRACTICE YOUR FAITH THIS LENT

LENTEN RICE BOWL WITH CATHOLIC RELIEF SERVICES

Catholic Relief Services (CRS) is the international humanitarian arm of the Catholic Church assisting those living in poverty overseas while promoting the sacredness of human life and the dignity of the human person. Within the United States, CRS engages Catholics to live their faith in solidarity with the marginalized people of the world. One such way is through the annual Lenten Rice Bowl Campaign.

CRS Rice Bowl is a Lenten faith-in-action program where you can engage daily with prayer, fasting, and almsgiving. Every parishioner is invited to collect and fill a Rice Bowl during Lent with the savings from your Lenten fasting or even your change from cash purchases during Lent. The funds collected then support the mission of CRS overseas as well as locally here in our Archdiocese. You can pick up a Rice Bowl at the parish starting the weekend before Ash Wednesday and are asked to return the Rice Bowl beginning on Holy Thursday. Rice Bowl allows us to learn, reflect, and encounter the works of mercy for our brothers and sisters around the world in new ways.

There are many resources available for parishioners to access at <https://www.crsricebowl.org/>. There you can download a Lenten calendar that can help guide your practice of prayer, fasting, and almsgiving this Lent. You can hear the stories of communities in the Philippines, Honduras, and Kenya where CRS is at work. Visit <https://www.crsricebowl.org/recipe> to find recipes for simple, meatless meals from these countries. If you would like to continue to live out your faith with CRS, consider joining the CRS local chapter based here in South Seattle. It is an opportunity to be in community with other Catholics committed to being in solidarity and ending global poverty. Join in this collective action and advocacy with one specific action each month by emailing lauren@ccsww.org to learn more.

Remember to return your rice bowl after Lent and try one of the delicious recipes!



LIFE, JUSTICE, & PEACE COMMISSION

Rooted in the Gospel of Life and Love, we, the South Seattle Cluster Life, Justice, and Peace Commission, are committed to promoting the inherent dignity of every human life. Directed by Catholic Social Teaching, we seek opportunities to live our Baptismal call to love God and neighbor as we listen, learn, and work within our parishes, local community, and the wider world. Lent provides us opportunities to be renewed in the call to live the Gospel and to be there for our brothers and sisters. Renew your call to serve the poor through these various opportunities supported by our Life, Justice, and Peace Commission. If you would like to join the work of our Commission or learn more about the opportunities below, contact Jennifer for more information: jibach@stedwardparish.net.

Our second South Seattle Cluster Day of Service will be on Saturday, March 25. This is an opportunity for parishioners to volunteer and support a variety of local nonprofits. After the success of our summer experience, we are now coordinating our efforts with Our Lady of Guadalupe to increase our reach and add even more value to the communities we serve. We will be serving in groups at a variety of non-profits throughout our region and offering some at-home projects as well. We also have a Youth Project for 7-12th graders! See the project options and register online at <https://bit.ly/2023DayofService>. If you would like to volunteer to help organize the day (counts toward school volunteer hours), our next planning meeting is Monday, February 27 at 7pm at St. George.

Recently our parishes hosted an opportunity to gather and discern how we can support Ukrainian refugees arriving in our area. We had representatives from all four parishes and there was much interest in working together to help Ukrainian refugees in our area! If you would like to help us continue to discern what role we can play in assisting people in this time of crisis, contact Jennifer for more information.

Parishioners are invited to consider joining one of our St. Vincent de Paul (SVdP) conferences. SVdP is a special ministry where our parishioners answer the call of our neighbors in need through visits, financial assistance towards rent, utilities, and other needs, hosting community events, and providing food and household goods. You can help us answer that call through in-person and virtual opportunities. If you are possibly hearing the call of the Spirit to learn how you can be present to our neighbors and be in fellowship with other parishioners, reach out to your parish office.

Thanks to a generous partnership with King County’s Re-Entry Corps, we are receiving food each week to distribute to food insecure households at St. Edward’s parish. If you would like to help us in these efforts, we could use volunteers to help sort and distribute the food on Sundays. Food is sorted around 12:30pm and distributed around 2pm. Contact Jennifer to help in the effort.