

# Feed the Hungry in Our Midst

“God is living in our cities.” *Pope Francis*



Last year St. Paul's and St. Edward's served supper for our neighbors in the small houses on the corner of Martin Luther King So. and Renton Ave So. We would like to do this again.

## Wednesday, October 3, at 5PM

These neighbors are here for many reasons; they all have their own stories.....lack of affordable housing, loss of jobs, rent increases, inadequate mental health services all contribute to the need for tent encampments throughout the city.

These small houses offer a safe place for children and other vulnerable people. They offer hope during the wait for better housing.

### What is needed to feed 60 people?

7 shepherd's pies (baked in aluminum tin)  
5 dozen dinner rolls   Fruit   cookies   juice

- ⇒ Look at the list and pick out an item to contribute.
- ⇒ Let coordinators Jo 206-941-6090 or Dona 425-207-8428 know by Friday this week what you will bring.
- ⇒ On Wed, Oct. 3, drop off food item at St. Paul rectory parking lot at 4:15 pm. The delivery van leaves for the camp promptly at 4:30pm.

If you would like to donate toward buying food, checks can be made out to St. Paul, memo line Social Justice Committee.

#### Shepherd's Pie Recipe (or use your own)

1 lb ground beef, browned with finely chopped small onion (drain excess fat )  
1—14.5 oz can each: sliced carrots, whole kernel corn, and cut green beans, all drained  
1 cup frozen peas (don't thaw)  
1—10 ¼ oz can tomato soup  
1—10 ¼ oz can cream of mushroom soup  
Salt and pepper to taste  
2— 4 oz pouches Idahoan buttery home-style instant potatoes, cook per directions  
Mix everything together except potatoes. Spoon into 8 ½ x 11 ½ rectangular aluminum tin and spread cooked potatoes over mixture sealing at edges. Bake 45 min or until bubbling at edge. Makes 6 large servings.

“We pray for hungry people, then we feed them. This is how prayer works.” *Pope Francis*